

## Who are we?

Home4All was founded by Jan and Marian Weststrate, qualified nurses with over 40 years of combined healthcare experience.

Jan holds a PhD in nursing and has led quality improvements in aged care. Marian is a registered nurse in Kāpiti.

Together, they bring deep clinical knowledge and heartfelt dedication to creating a respectful, life-affirming space for people living with dementia.

Jan

Marian



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**“Home4All has welcomed both my sister and her family with open arms. The love and compassion that they show has been truly inspiring and their knowledge has helped us navigate what can be an exhausting and challenging time.”**

Rachel

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“

**“We just wish we had been aware of your programme for a longer time, as being with nature and having fun with other likeminded people was perfect for her mind and body wellness.”**

Helena

”

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Registered Charity: CC59450



You can help us in our work by donating to KIWIBANK 38-9023-0651333-00. Please use your name in the reference fields (if you want). GST# 134-664-436.



**A community day  
programme supporting  
people living with  
early-stage dementia**

www.Home4All.co.nz





## Why do we do it?

Our programme helps people stay involved in the life around them by maintaining the skills and confidence that support their independence.

We see the best impact on our visitors when they join us as early as possible. By doing so, they can get the most out of the fun and benefits that Home4All can provide.

Coming to Home4All:

- Reduces social isolation
- Provides purpose to the day
- Gives respite to partners and carers
- Increases the quality of life for both visitors and their partners/carers
- Slows down deterioration

## What do we do?

At Home4All, we run a day programme that supports people living with early-stage dementia. We aim to give our visitors back their independence and to provide a happy day!

Our goal is to bring pride, joy, and respect into each day. We do this by creating a homely, community-centred environment where participants feel seen, valued, and involved. We do all this alongside our wonderful team of volunteers.



## How do we do it?

We follow the Dutch "Green Care Farm" model, where daily activities - like gardening, caring for animals, wood-craft in our workshop, preparing meals, or creating quirky artwork - enabling our visitors to stay active, social, and connected.

In our relaxed homestead setting, these familiar tasks promote both wellbeing and dignity, while offering gentle structure and variety.

We use "errorless learning" to enable people to regain their autonomy. There are no mistakes here, just gentle guidance and support.